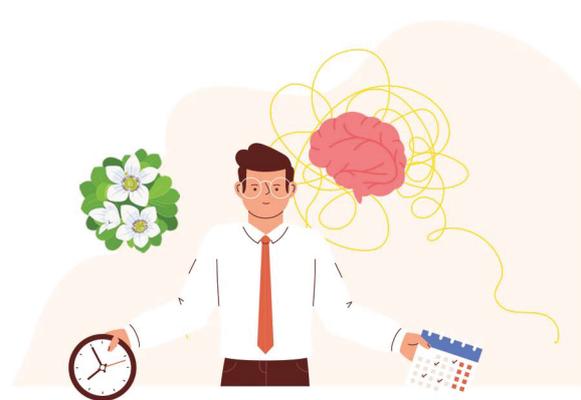




For Alertness, Reasoning and Mental Flexibility



In today's fast-paced world, mental sharpness is your key to success. Meet B-Lit Bacopa, the ultimate cognitive enhancer, designed to ignite alertness, elevate reasoning, and enhance mental flexibility. A promising solution for experts in every field.



Mental Flexibility

Embrace diverse perspectives, stay adaptable, and actively learn to navigate the complexities of professional challenges.



Alertness

Elevate performance with dedicated practice, prioritizing both physical and mental agility for swift, precise actions.

B-Lit Bacopa
for experts in
every field



Reasoning

Sharpen critical thinking and problem-solving skills to make strategic decisions, ensuring success in academic spheres.

What is Bacopa (Bacopa monneiri)?

- A perennial, creeping herb native to the wetlands of Southern and Eastern India, Europe, Africa, Asia, and North & South America.
- Possess a long history in Ayurveda, Bacopa known as Brahmi in Sanskrit from "Lord Brahma - The Creator".
- A holistic solution for brain health encompassing memory, focus & concentration, occasional stress & anxiety and quality of sleep.

CLINICAL STUDY

STUDY DESIGN



Randomized double blind placebo controlled

DURATION



12 weeks

DOSAGE



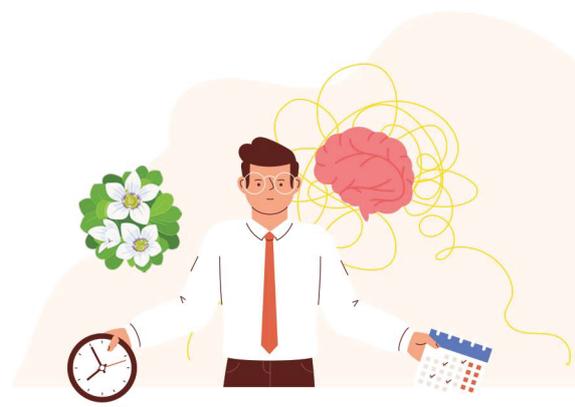
300mg B-Lit / placebo post-breakfast

POPULATION

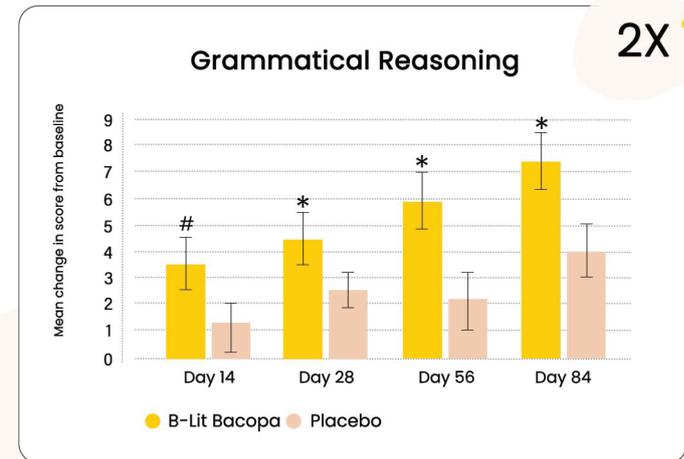
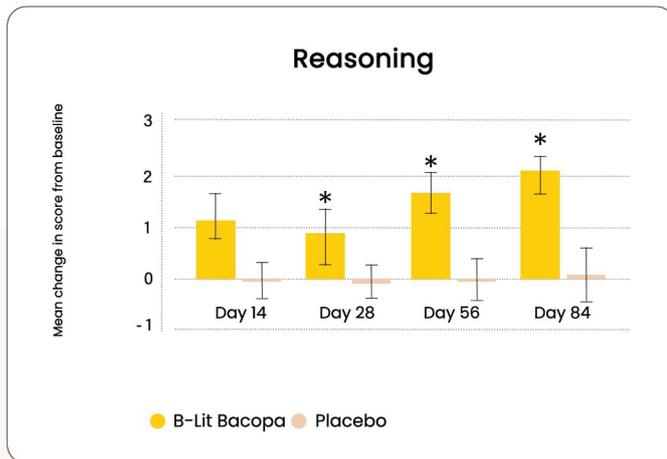
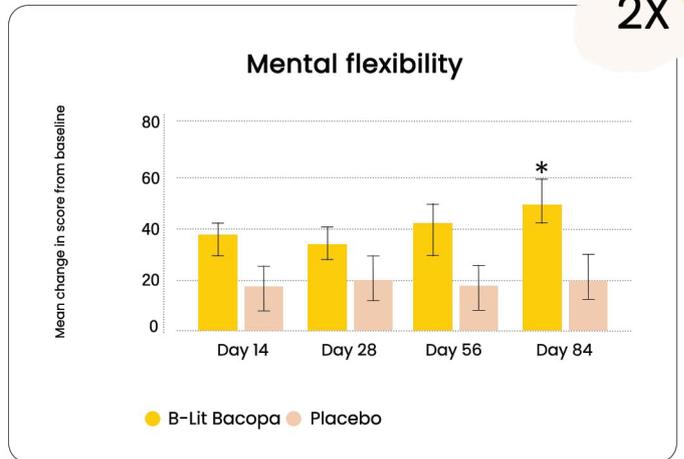
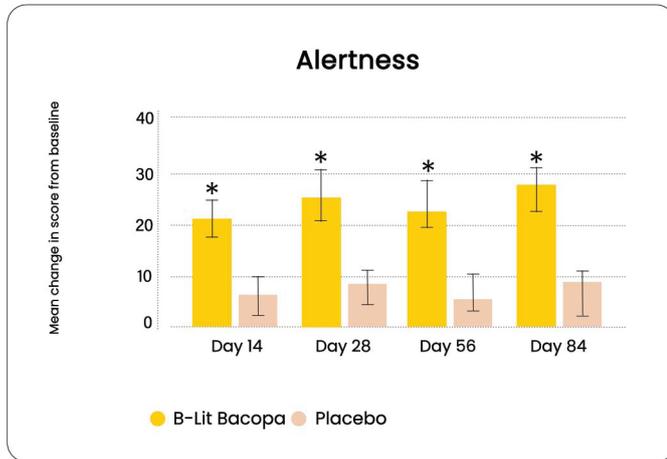


80 Individuals

For Alertness, Reasoning and Mental Flexibility



Study outcomes



B-Lit Bacopa difference:



Low dose – 300mg/day



Optimal Bacoside content



Vegan & Plant based



Clinically studied

- Backed by 2 gold-standard, most comprehensive studies
- Impact as early as day 1



Formulated with BEAT TECH

- Solvent free, food-grade technology making Bacopa highly efficacious

CONCLUSION

B-Lit Bacopa has shown significant improvement in alertness, reasoning, and mental flexibility compared to placebo for 3 months on regular supplementation. The clinical study showcases increased alertness as early as day 14 and improved reasoning as early as day 28.

B-Lit Bacopa supplementation has further shown to improve serum BDNF, short-term and long-term memory, focus & concentration, and reduced occasional stress & anxiety proving it as holistic tool for brain health.