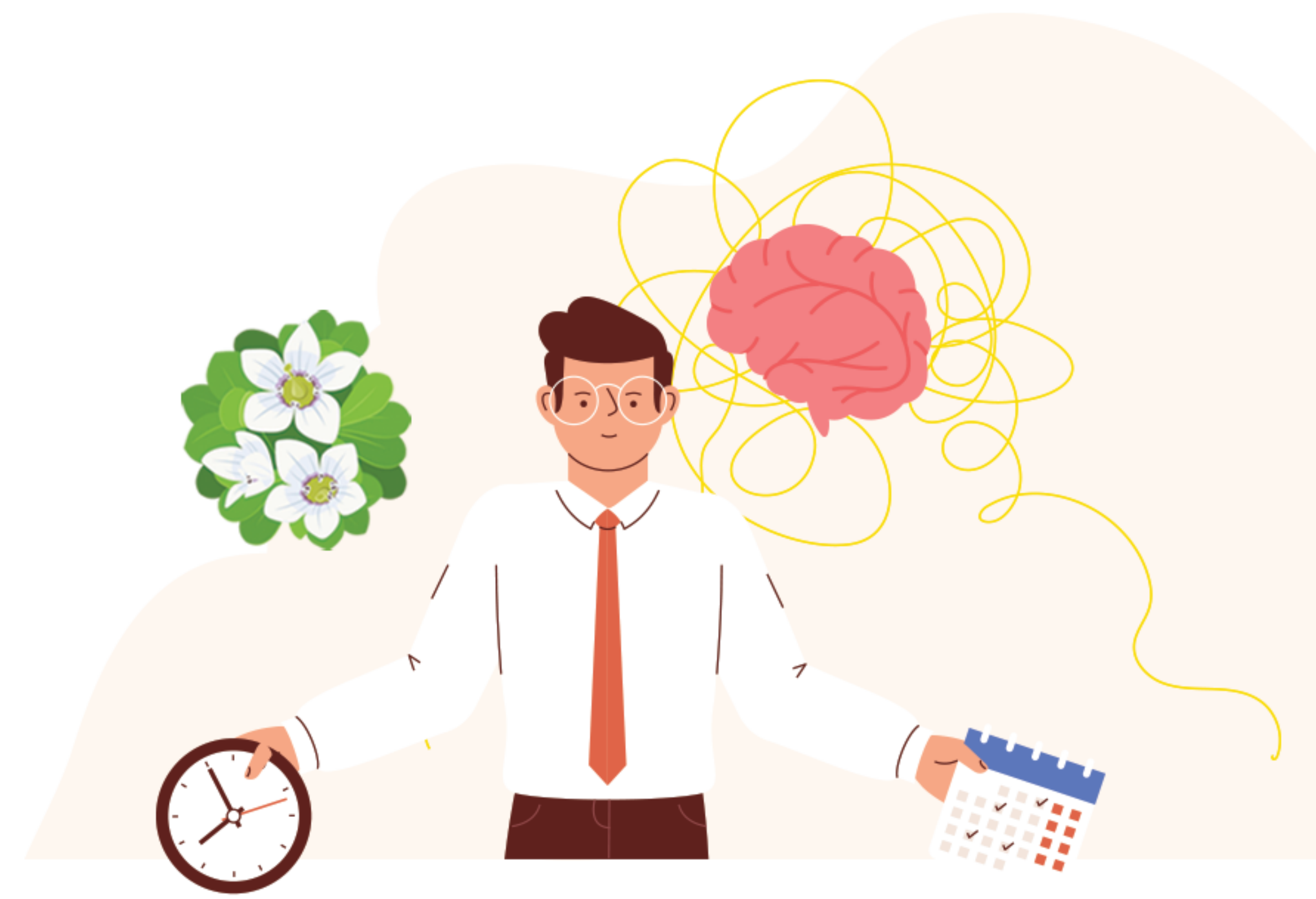


For Alertness, Reasoning and Mental Flexibility :



In today's fast-paced world, mental sharpness is your key to success. Meet B-Lit Bacopa, the ultimate cognitive enhancer, designed to ignite alertness, elevate reasoning, and enhance mental flexibility. A promising solution for experts in every field.



Mental Flexibility

Embrace diverse perspectives, stay adaptable, and actively learn to navigate the complexities of professional challenges.



Alertness

Sharpen critical thinking and problem-solving skills to make strategic decisions, ensuring success in academic spheres.

B-Lit Bacopa
for experts in
every field



Reasoning

Elevate performance with dedicated practice, prioritizing both physical and mental agility for swift, precise actions.

What is Bacopa (Bacopa monneiri)?

- A perennial, creeping herb native to the wetlands of Southern and Eastern India, Europe, Africa, Asia, and North & South America.
- Possess a long history in Ayurveda, Bacopa known as Brahmi in Sanskrit from "Lord Brahma - The Creator".
- A holistic solution for brain health encompassing memory, focus & concentration, stress & anxiety and quality of sleep.

CLINICAL STUDY:

STUDY DESIGN



Randomized double
blind placebo controlled

DURATION



12 weeks

DOSAGE



300mg Bacopa / placebo
post-breakfast

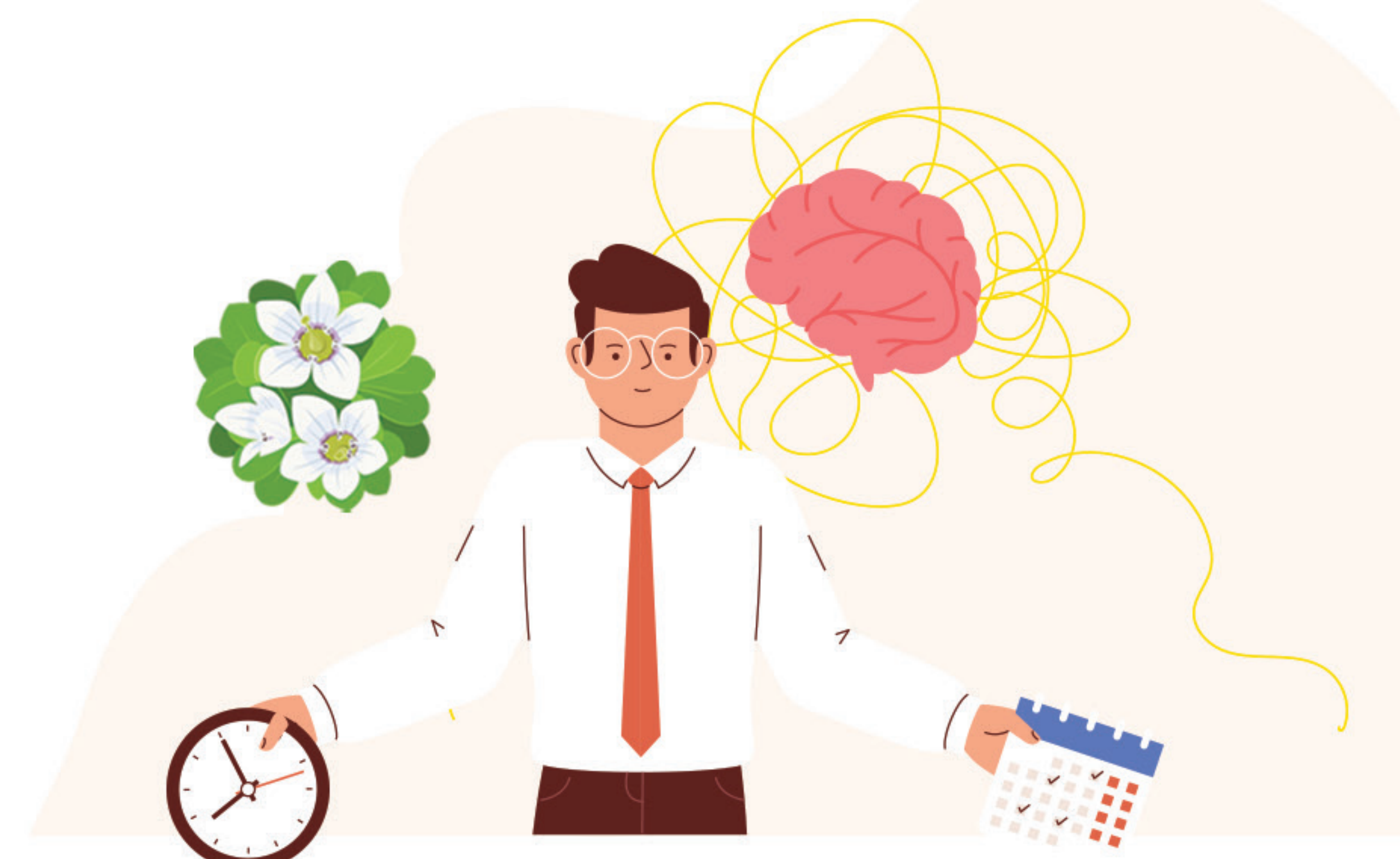
POPULATION



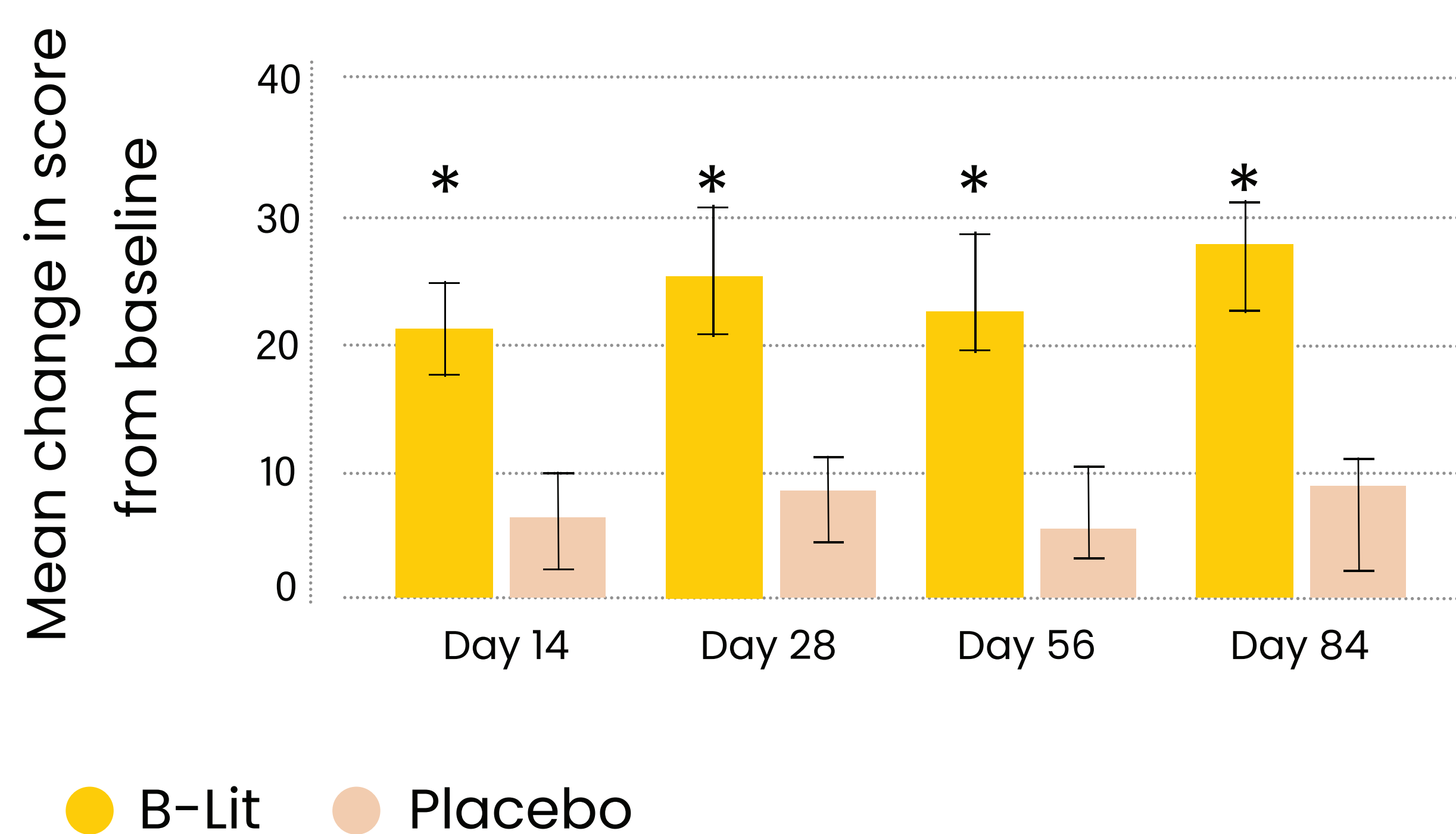
80 Individuals

For Alertness, Reasoning and Mental Flexibility:

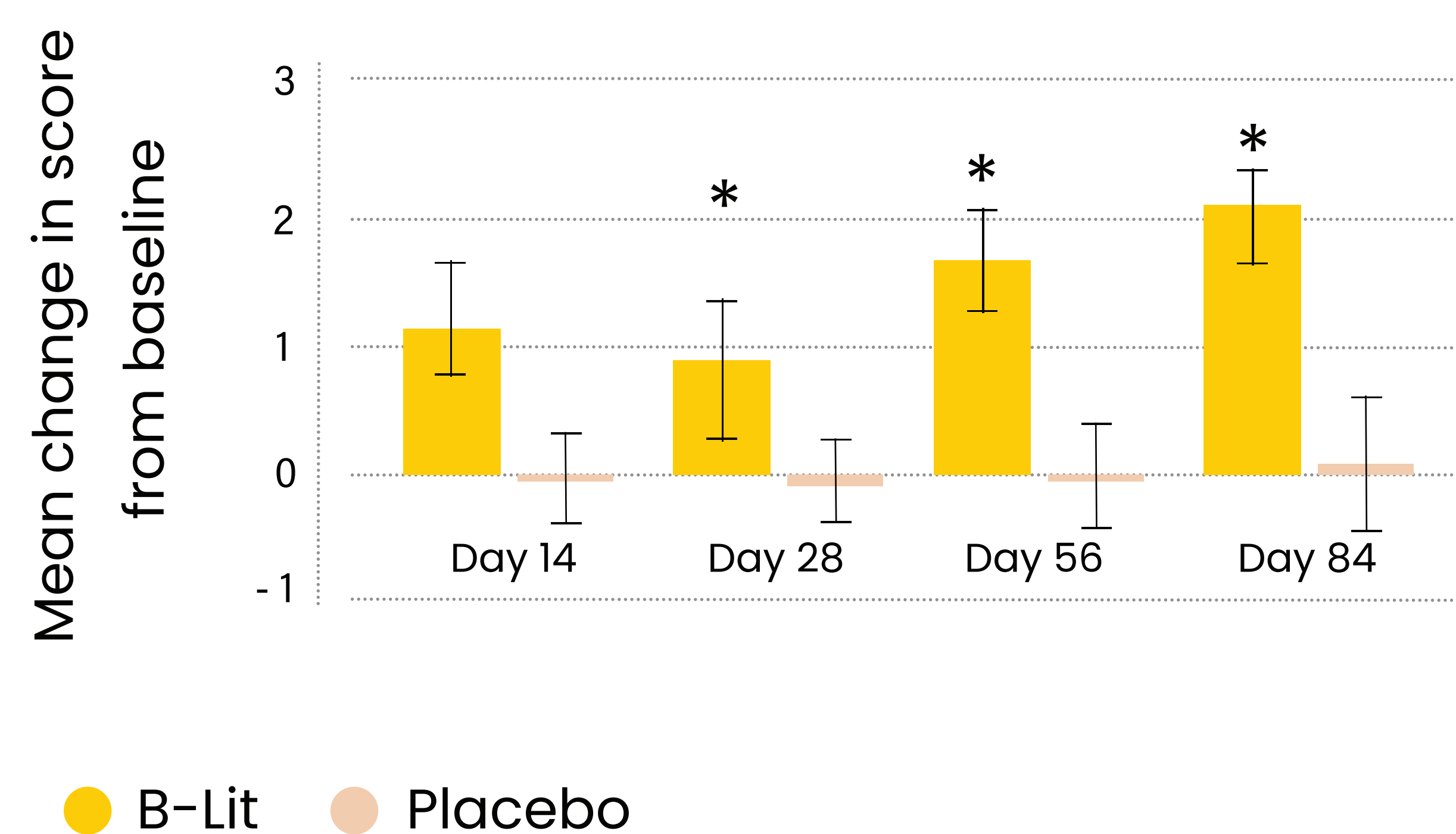
Study outcomes:



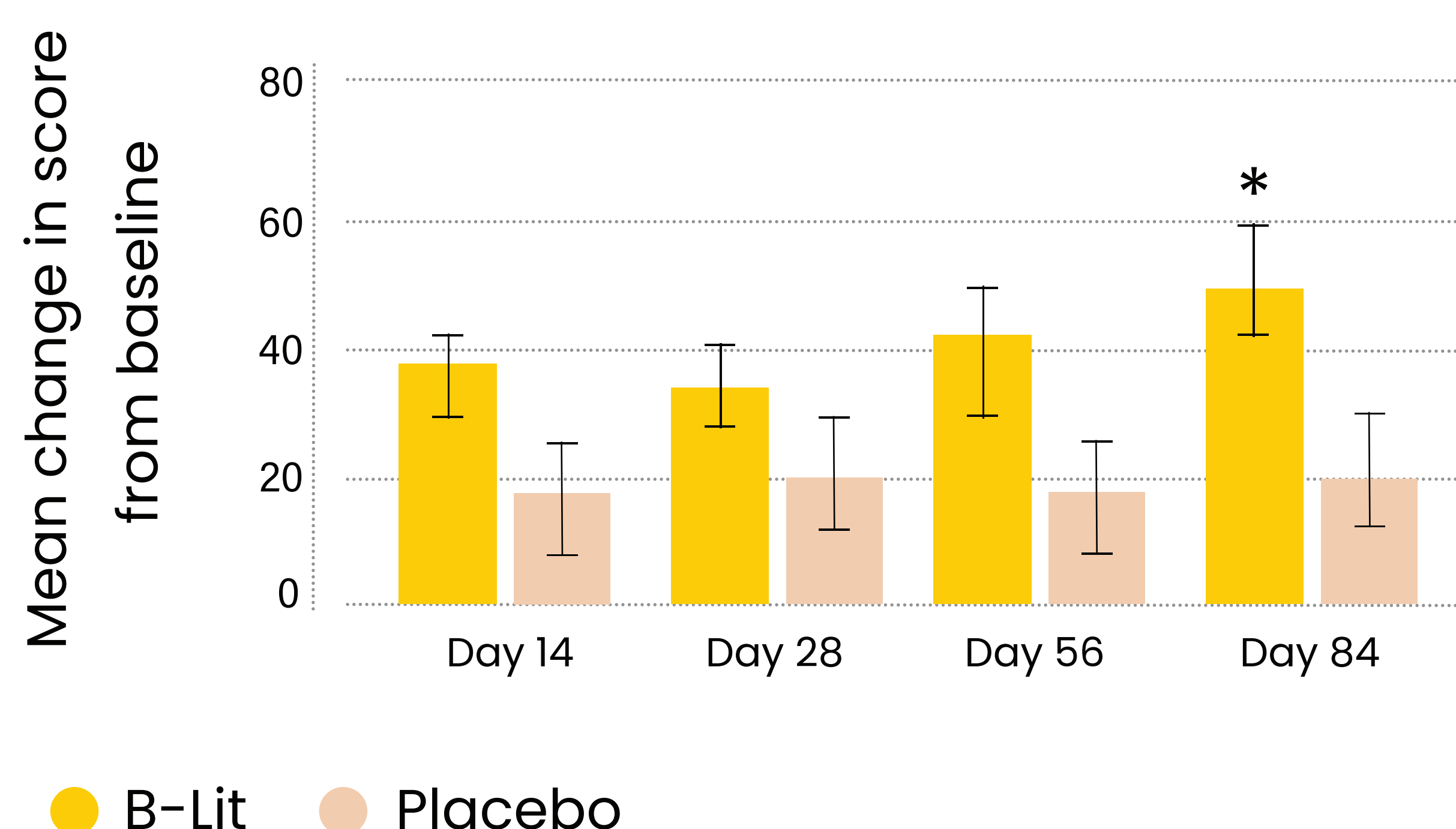
Alertness



Reasoning



Mental flexibility



B-Lit Bacopa difference:



Low dose - 300mg/day



High Bacoside content



Vegan & Plant based



Clinically studied

- Best-in-class & most comprehensive study on Bacopa
- Shown to have impact as early as day 1



Formulated with BEAT TECH

- Solvent free, food-grade technology making Bacopa highly efficacious

CONCLUSION:

B-Lit Bacopa has shown significant improvement in alertness, reasoning, and mental flexibility compared to placebo for 3 months on regular supplementation. The clinical study showcases increased alertness as early as day 14 and improved reasoning as early as day 28.

B-Lit Bacopa supplementation has further shown to improve serum BDNF, short-term and long-term memory, focus & concentration, and reduced stress & anxiety proving it as holistic tool for brain health.